



"You don't need to be a developer. You need to be curious."

Hey — I'm Erika. I'm taking the **Harvard AI Intensive 2026** and teaching you everything I learn **the moment I learn it** — live on YouTube and Twitch. Every prompt, win, and failure shared openly so you can build right alongside me.

Zero prerequisites. Zero gatekeeping. No coding background needed. We are building a real **6-agent AI system** live — together. Start anytime, your pace. Just show up **curious**.

18

Live Episodes

6

AI Agents Built

40

Copy-Paste Prompts

0

Code Skills Needed

5 THINGS TO KNOW ABOUT PROMPTS — START HERE

1

A prompt is a briefing, not a question

Give the AI your role, audience, task, format, and what to avoid. Every gap is a guess it makes for you.

4

Constraints make outputs better, not worse

Telling the AI what NOT to do forces creative solutions in a defined space. Feels backwards. It is not.

2

The 5 layers that make every prompt work

Role + Context + Task + Format + Constraints. Miss one and output suffers. All five = everything it needs.

5

The first draft is a starting point

Tell it what's wrong: "hook too weak, tone too corporate." The third version is almost always right.

3

Specific always beats vague

"Write 3 captions under 150 words each" beats "write something short." Numbers are your best friend.

■ YouTube

youtube.com/@metakittyz

■ Twitch

twitch.tv/metakittyz

Community

[#MetakittyzBuild](https://twitter.com/MetakittyzBuild)

■ Instagram

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THE BUILD SERIES

18 episodes · 4 parts · 1 complete AI agent system · **Start anytime. Your pace. Zero prerequisites.**

PART 1: FOUNDATION

- EP 01 Dev environment + first API call
- EP 02 Build your first AI agent
- EP 03 Add memory to your agent
- EP 04 Connect web search live

PART 2: AGENT TEAM

- EP 05 StrategyMind — orchestrator
- EP 06 CreativeForge — content
- EP 07 AudienceRadar — analytics
- EP 08 GrowthEngine — hashtags
- EP 09 CommunityPulse — engage
- EP 10 GuardianQA — compliance

PART 3: CONNECT

- EP 11 MCP — real app connections
- EP 12 Full pipeline test live
- EP 13 PIPortal dashboard build
- EP 14 Human approval system

PART 4: GO LIVE

- EP 15 Deploy — first live post
- EP 16 30-day review: real data
- EP 17 Phase 2 — scale it up
- EP 18 90-day finale — we did it

WHAT YOU GET

18 LIVE EPISODES

Every agent built, debugged, and deployed in real time.

6 AI AGENTS

StrategyMind, CreativeForge, AudienceRadar, GrowthEngine, CommunityPulse, GuardianQA.

40 PROMPTS

Most powerful prompts from the series — copy and use today.

COMPLIANCE

10 rules keeping every AI output safe, legal, and on-brand.

PIPORTAL APP

React Native dashboard tracking growth and agent activity.

// THE PROMPT FORMULA

```
[ROLE] You are a [expert] for [brand].
[CONTEXT] Audience: [who] on
[platform]. [TASK] Write [what] - [N]
options. [FORMAT] [Structure]. Max [N]
words. [CONSTRAINTS] Never: [X].
Always: [Y].
```

// TRY IT NOW — COPY THIS

```
You are a strategist for [BRAND]. My
audience is [WHO] on Instagram. Write
3 hook lines about [TOPIC]. Max 12
words each. Never: start with "I", use
jargon.
```

PLATFORMS

- YouTube: youtube.com/@metakittyz
- Twitch: twitch.tv/metakittyz
- Instagram: @metakittyz

WHAT YOU NEED

- ✓ Zero coding background
- ✓ Curiosity + time to show up
- ✓ Free Claude or ChatGPT account
- ✓ This quick-start guide

COMMUNITY

#MetakittyzBuild

Tag @metakittyz to get featured

Come build with me — live.

No gatekeeping. Real AI, built openly.

#MetakittyzBuild

GLOSSARY — WORDS YOU WILL HEAR ON STREAM

PROMPT	Full instructions to the AI	HALLUCINATION	AI generating wrong info confidently
AGENT	AI that pursues goals with tools	COMPLIANCE	Checking output follows all rules
SYSTEM PROMPT	Core prompt defining agent identity	ORCHESTRATOR	Manager agent that delegates tasks
GUARDRAIL	Rule stopping AI going off track	MCP	Protocol connecting agents to apps
CONSTRAINT	A specific limit on output	ITERATION	Refining prompt after seeing output
FEW-SHOT	Show examples before asking	CONTEXT WINDOW	How much text AI sees at once